

Long Beach API Family Mental Health Center

presents

May is Mental Health & AAPI Heritage Month 2024



Ignite the Wellness Within

May 29th, 2024

from 10:00 am - 2:00 pm

Special Speakers, Recognition awards, Games, Activities, Opportunity Drawings, and Delicious Food!

Join us on the last Wednesday of May and visit with community programs, meet community members, and the Long Beach API Staff.

RSVP Llanette or George

Seats are limited! Please talk with your Therapist or Case Manager for more information.

Join us in person or online for event if you wish to join remotely, please download MS teams via your mobile app store, computer app store, or the download MS teams link. Click the link or enter the url into your browser

https://teams.microsoft.com/l/meetup-join/193ameeting_NDBiODNjNzUtMzdmZC00MjZkLWI0YWYtNWl4MTI4Yjc3MWQ5%40thread.v2/0?context=%7b%22Tid%22%3a%2207597248-ea38-451b-8abe-a638eddbac81%22%2c%22Oid%22%3a%22dfc6e37c-6732-4b1a-ae6b-0c5a9c0375e2%22%7d

Meeting ID: 258 800 768 363

Passcode: Y6c5s5

Dial-in by phone

[+1 323-776-6996](tel:+13237766996) United States, Los Angeles

Phone conference ID: 474 147 956#

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